



**Attention** - calling all those who are willing to help Blaze Trails, Cut Down Trees, and Operate our Challenge Course...the

## Life Adventure Center Volunteer Network

We put it together - A social networking group for all of the dedicated individuals who make Life Adventure Center continue to provide quality programming for families in the Bluegrass region. Want to help? Here's how:

- Pulling honeysuckle
- Removing foliage from trails
- Removing stumps from trails
- Construction of trail staircase
- Fence Removal



- Grading Trails
  - Tree removal
- \*\*\* all positions are physically demanding and require that you can lift/carry heavy objects.



There is something for everything out on the farm, just give the man in charge a call to figure out the best way you can help!

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